**1. Action Plan**

**School Curriculum, Policy and Families**

**Criteria 7a)** The school has a whole of school curriculum outline which reflects the Australian Curriculum Standards and encourages healthy eating and physical activity both during and outside of school hours.

**Criteria 7b)** The Move Well Eat Well Award criteria are included within policy and planning documents endorsed by the school association or council.

**Criteria 7c)** Families are informed of the school’s healthy eating and physical activity policies and initiatives and provided with information to assist and support them.

**Why is this criterion important?**

Through curriculum students are able to develop healthy practices and learn how to maintain a healthy lifestyle.

School policies reflect school priorities, practices and values. Healthy eating and physical activity policies demonstrate a school’s commitment to student health and wellbeing. It is important to ensure healthy eating and physical activity initiatives are sustainable.

Partnerships with families support a healthy school environment and can increase support for healthy behaviours outside school hours.

**To Do List**

Use the following table (over the page) to help plan what actions need to be taken to meet the criteria. Add more pages if you need them.

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| --- | --- | --- | --- |
| **What***What action needs to be taken? (eg water bottles purchased, school community information, policy development)* | **How***How will it be done? (eg water display, tip sheets for parents, resources, meetings, newsletters inserts)* | **Who***Who will be responsible for organising the action?* | **When***When is it to be completed?* |
| 7a) Curriculum7b) Policy7c) Families |  |  |  |

This is a Healthy Tasmania initiative

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