Checklist for Indwelling Catheter Insertion

Developed to accompany TIPCU – “Preventing CAUTI: A guide for healthcare workers”

|  |  |  |
| --- | --- | --- |
| Action (tick appropriate) | Yes | No |
| Alternatives to catheterisation are explored |  |  |
| Clinical indication for catheterisation (insert only if clinically indicated) |  |  |
| 1. Acute urinary retention of obstruction |  |  |
| 1. Urinary monitoring in critically ill patients |  |  |
| 1. Per operative use for selected surgical procedures |  |  |
| * Urological surgery or other contiguous structures of genitourinary tract |  |  |
| * Anticipated prolonged surgery duration |  |  |
| * Large urinary output |  |  |
| * Operative patients with urinary incontinence |  |  |
| * Intraoperative output monitoring |  |  |
| 1. Would healing in incontinent patients |  |  |
| 1. Prolonged immobilisation required |  |  |
| 1. Exceptional circumstances (end-of-life comfort) |  |  |
| Person inserting catheter trained and deemed competent (according to facility requirements) |  |  |
| Facility protocol on insertion of indwelling catheter followed |  |  |
| Procedure and risks explained to patient and consent obtained |  |  |
| Select catheter, including smallest, most appropriately sized catheter |  |  |
| Hand hygiene performed immediately prior to donning sterile gloves |  |  |
| Catheter inserted using sterile equipment, single use sterile lubricant and aseptic non-touch technique |  |  |
| No breach of the aseptic field during the insertion procedure |  |  |
| Urine sample collected aseptically if required |  |  |
| Catheter balloon inflated and catheter aseptically connected to sterile drainage bag, placed below the bladder and off the floor. Secure catheter and bag to patient. |  |  |
| Following insertion dispose of equipment in appropriate waste stream |  |  |
| Hand hygiene performed immediately after removing gloves |  |  |
| Documentation in patient medical record includes: |  |  |
| * Indications for insertion |  |  |
| * Date and time of insertion |  |  |
| * Name of person who inserted catheter |  |  |
| * Type of catheter and size |  |  |
| * Record any abnormalities observed during insertion |  |  |
| Patient given advice on: |  |  |
| * Maintenance of the catheter |  |  |
| * Keeping the drainage bag below the bladder |  |  |
| * Health care workers to perform hand hygiene and standard precautions if handling catheter |  |  |
| * The expected duration of the catheter |  |  |

Date: Name of person inserting catheter: Signature: