

# Healthy Young People

## Cross-curricula links

### The Australian Curriculum

#### General Capabilities

The HYP Missions provide opportunities to develop young people's skills and knowledge across the following General Capabilities of The Australian Curriculum:

- Literacy
- Numeracy
- Ethical understanding
- Intercultural understanding
- Personal and social capabilities
- Critical and creative thinking
- ICT capability

#### Health Promotion Across the Curriculum

Integrate the HYP activities across the curriculum or develop young people's skills and knowledge to assist them in achieving the HYP Missions.

#### Technologies

- Use applications or web-based platforms to complete thinking tools or brainstorm ideas.
- Use communication technologies to present work
- Create digital materials to promote Action Plan activities
- Create a website
- Create an online newsletter

#### The Arts

- Develop public speaking and telephone skills
- Compose a song to promote healthy choices
- Create posters, films, music to promote Action Plan activities

#### English

- Writing letters or emails
- Writing media release

- Use or create picture books to discuss health and wellbeing
- Procedural writing – recipes, food handling, physical activity or sports.
- Critical literacy skills using health information
- Persuasive writing /debating
- Maintain a health and wellbeing journal
- Evaluate social moral and ethical impacts of food choices

## Science

- Investigate safe food storage
- Food as a source of energy
- Food and environmental sustainability
- Human anatomy and physiology
- Sleep physiology
- Food chemistry
- Food chains and webs

## Mathematics

- Develop a project budget
- Graphing survey results
- Count, measure, record and graph health and wellbeing behaviours
- Reading and interpreting food labels
- Compare costs of different types of food
- Teach percentages through reading and interpreting food labels.
- Data analysis

## Humanities and Social Sciences

- Liveability – what makes a community liveable? What supports health and wellbeing in communities?
- Identify changes in lifestyles over time or across cultures.
- Map of the local area
- Designing safe active travel routes to school.

## Thinking and inquiry

- Strategies for consulting with others
- Survey development
- Systems thinking