

# Healthy Young People

## Your Mission Action Plan - What, How, Where, When, Who?

### What are you going to do?

- An event
- Awareness raising
- Change a school policy
- Install or introduce equipment
- Build a school garden
- Create a lunch time or after school activity

### How?

- How are you going to sell your ideas and actions to others?
- Can you use existing resources, or will you need to fundraise or seek sponsorship?
- Does your school or School Association have funds available?
- Could you approach a local business or politician for support?
- Make sure everyone in your group understands what they need to do.

### Where?

- In your school
- In your community
- Online

### When?

- When are you going to take action?
- What steps will you take?
- In what order?

## Who needs to be involved?

- Who is your target group? Identify who could benefit the most or where the most impact can be made.
- Who can help? Think about who is likely to promote, support and encourage the change. The principal; senior teachers; school nurse, social worker, chaplain; HPE teacher; student leaders; school board; parents and friends; canteen manager; grounds keepers and facility managers.
- Who do you need to get agreement from?
- Are there any people or services in your community that could help? Eg a local politician, PCYC, community group.