

Mental Health Services HELPLINE

1800 332 388

Older Persons Mental Health Services

STATEWIDE MENTAL HEALTH SERVICES

How to access our service

If you believe that you or someone you know needs help, a **referral to the Mental Health Services Helpline** can be made by your doctor or another health professional.

Fax 03 6173 0306

You can also phone the Mental Health Services Helpline for advice.

Phone freecall within Tasmania on **1800 332 388**

This is a confidential phone service available 24 hours, 7 days a week staffed by Mental Health clinicians.

Please note the Helpline will determine eligibility for services and prioritise referrals.

They will assess your need and may provide contact details for another service if they are more suitable to assist you.

A list of useful contact numbers are also included inside this brochure.

Older Persons Mental Health Services

Phone **freecall 1800 332 388** for advice, assessment and referral
Interstate callers phone 03 6166 6333

www.dhhs.tas.gov.au/mentalhealth



Tasmanian Health Service Buildings are smoke-free sites.

Statewide Mental Health Service welcomes feedback from clients, carers and family members to help us improve care. Talk to one of our team or fill in a consumer feedback form.



The Tasmanian Health Service integrates acute, primary and community services. This integration has given service providers the flexibility to ensure people have the best services we can provide, as close as possible to where they live.

Statewide Mental Health Services deliver consumer centred services focused on improving health outcomes. Our services include inpatient facilities and community teams.



Interpreter



Publication No. 7A102

September 2018 / Review February 2020

Older Persons Mental Health Services

Your guide to our service



TASMANIAN
HEALTH
SERVICE



Older Persons Mental Health Services

We provide a free and confidential mental health service to assist older people with serious mental illness and psychiatric symptoms.

Care within the community is emphasised, with limited services being centre based. Care is provided in partnership with clients, their family and carers.

Services we provide

Our services consist of:

- Community teams based in each region of Tasmania
- Inpatient service for assessment and treatment
- Day centre

Our Team includes

- Nurses
- Allied Health Professionals
- Medical Officers
- Psychiatrists
- Support staff

Service contact details

Community teams

North	6777 4985
North West	6477 7737
South	6166 6783
Roy Fagan Centre	6166 6370
Roy Fagan Day Centre	6166 6353

Your care

A key part of the care we provide is case management which includes:

- Information, support and counselling for individuals and families.
- Assessment of mental health problems.
- Treatment advice and support in community and inpatient settings.
- Home visits as appropriate or required.
- Liaison and referrals with other health care professionals and service providers.
- Community education and health promotion.

Useful contact numbers

Mental Health Services Helpline (24hr)	1800 332 388
Advocacy Tasmania Inc.	1800 005 131
Alcohol and Drug Information Service [ADIS]	1800 250 015
Dementia Behaviour Management Advisory Service	1800 699 799
Family Violence Counselling and Support	1800 608 122
Guardianship and Administration Board	1300 799 625
Lifeline (crisis counselling 24hr)	13 11 14
Lifeline Samaritans (counselling)	1300 364 566
Mental Health Carers Tas.	1800 985 944
My Aged Care (including carer respite)	1800 200 422
National Dementia Helpline	1800 100 500
Official Visitors Program	1800 001 170
Relationships Australia Tas.	1300 364 277